

# SENIOR YEAR CHECKLIST

*January - March To-Dos*

At Private Prep, our diverse team of tutors and experts cover a wide range of academic needs at the high school level. We've compiled advice from our team into a single to-do list to help you manage the middle of the school year and plan for the future without getting overwhelmed or burned out.

## ALL STUDENTS

- Get some perspective on how things are going by writing down one positive and one challenging item for each class you are taking.
- Revisit your first-semester goals. Cross off the ones you reached and circle the ones you missed. Use this reflection to create a new set of attainable goals for second semester.
- Define any obstacles (and be specific!) that could prevent you from reaching your new goals. Then identify who you can go to for support, be it a teacher, parent, tutor, or friend, when you're struggling to overcome these obstacles.
- Scope out your timeline by populating your calendar with weekly/monthly check-ins and mini-goals. Be sure to lock in times for rest, recovery, and adventure. Now is the halfway point in a long grind, so it's vital to take breaks and stay energized.

## SENIORS

- Congratulations on finishing college applications! Check your email regularly to make sure all your materials have been submitted successfully to your Regular Decision colleges.
- Avoid senioritis burnout by deliberately scheduling rest, recovery, and vacation on your calendar now. For each class and extracurricular, write down what you love about it. Why would it be rewarding and fun to continue to participate and excel for the next few months?
- Take stock of anywhere you have fallen behind during your application crunch. Meet with teachers to make a plan to finish the year successfully.
- If you aren't already managing your schedule, make it a goal to do so this semester. It's essential to practice managing your time and responsibilities before you go to college.
- Create a bucket list that motivates you to create memories and spend time with classmates and teachers during the remainder of high school. Remember, these are your final months of high school – forever. Netflix will always be there, but this is your last opportunity to fully engage with your high school community. You have come this far, finish strong.

## INTERNATIONAL STUDENTS

- If English is not your first language, enroll in supplementary classes to accelerate English acquisition. Watching movies, TV, and YouTube with English audio and subtitles can be an enjoyable way to improve English skills and vocabulary.
- Challenge yourself to read a classic novel in English each month. Reading, discussing, and writing about English literature is a critical skill you'll need if you are considering university in the United States or another English-speaking country.

**It is important to keep the momentum high after the first few months of school and winter breaks. We are here to help ensure you are supported, contact us if you have any questions or need guidance along the way.**

[CONTACT US](#)